

HEALTHY LIVING HEALTHY PLANET

natural awakenings

feel good • live simply • laugh more

FREE

Empower Yourself

Let Your
Authentic
Self Shine

Practice Gratitude

Change Your Life

Life with Wayne Dyer

Serena Dyer Grew Up
Expecting Miracles

Beauty FOODS

How to Eat for Radiant
Skin, Eyes and Hair

20 YEARS OF
PUBLISHING

November 2014 | Northern New Jersey Edition | NANorthNJ.com

Biontology, Vaccinations and Flu Shots

by Christina Kuepper

Flu season is upon us, and that means big pharma is heavily advertising the flu shot, leaving many clients wondering whether they should invest in the vaccine or not. The best way to make a decision is for people to arm themselves with the facts before deciding to stick a needle in their arm.

According to family physician Dr. Mark Hyman, a leader in the field of functional medicine, and eight-time *New York Times* bestselling author, flu shots contain a number of harmful chemicals and contaminants, including, but not limited to, egg proteins, including avian contaminant viruses, formaldehyde, a known carcinogen, thimerosal, mercury-based preservatives (only in multi-dose vials), heavy metals such as aluminum, a known neurotoxin, sugar, the essence of all inflammatory disease, Troton X100, a detergent, and other additives known to cause allergic reactions.

Although the list goes on, Hyman draws attention to one ingredient that can cause a great deal of damage within the body. "The biggest controversy about the ingredients in the shot surrounds the use of the preservative thimerosal," he says. "thimerosal contains mercury. Exposure to mercury leads to systemic health problems running the gamut from neurological dysfunction, which could be memory loss, confusion and inability to concentrate, to depression, renal failure, skin troubles and gastrointestinal disturbances."

While that may seem like enough reason to avoid the shot this year, additional evidence supports the ineffectiveness of the vaccine. According to a government study published in February 2013, *Influenza Effectiveness in the Community and the Household*, 62 percent found the flu prevention effective if they were first-timers; however, the success rate dropped dramatically in for those that got the shot again the following year at a 45 percent effectiveness rate.

Within the same year of this study, those introduced to Biophoton and Bioacoustic therapies were protected from the flu. Each of these modalities builds the immune system in a different way. Biophoton light therapy reads the biophoton emissions from the body. The chaotic light signals represent illness and imbalance. By finding and eliminating the causes of a disturbance and making the light coherent in a biofeedback loop, the body can heal itself. It is a safe, non-invasive therapy with zero side effects. Some refer to it as "energy dialysis".

Bioacoustics is a cross-disciplinary science that combines biology and acoustics. Usually, it refers to the investigation of sound production, dispersion and reception. It simply uses the voiceprint to detect imbalances and then rebalance the body using sound frequencies.

One of the first protocols biontologists use is neutralizing any childhood vaccines. Clients are often hesitant to jump into this neutralizing stage because they believe it is what's



protecting their immune system in the first place. In fact, the viruses injected into a body create antibodies, a protein produced by the body's immune system when it detects harmful substances—the source that is actually protecting people. However, the initial "poisons" can remain in the body, create stress and weaken the immune system.

Too often, parents are reporting having had a typical healthy child until they were vaccinated. Stunted development and verbal issues have all occurred for many families after vaccinations, with the toxins being too strong for a small child's body. There is ongoing controversy about the direct correlation between measles, mumps, rubella (MMR) vaccine and thimerosal with autism, which relates to many developmental problems and rapidly induces oxidative stress.

According to the book, *Vaccine Epidemic*, a handbook featuring more than 25 experts in the fields of ethics, law, science, medicine, business and history, thimerosal and mercury are the cause of many immune system failures, such as the decrease methyl-B₁₂ production, proper chemical modification of DNA and RNA, membrane-tight junctions become leaky, which leads to intestinal dysbiosis, decrease in molybdenum levels, higher sulfite and lower sulfate levels, and abnormal myelination of the nervous system and corresponding neurological damage.

This is why neutralizing the poisons and heavy metals (mercury and aluminum being the biggest concerns) are important steps in releasing the binding to the cells so that they can be eliminated from the body. Plenty of support is given to the bladder, kidneys and liver so that this is done safely. Dramatic improvements can be seen in both the nervous system and hormonal system after this is completed. This can also be a major component in eliminating childhood obesity.

The Baby Boomers in the 1950s visited their local doctor and left with just three to four vaccines. They contained toxins too, but children today are encouraged to receive 60 vaccinations by the age of 18. However, after several Lightwork treatments, many have notable changes. It's almost as if someone hit the pause button during his or her growth phase, and then play has been once again pressed. Some parents have reported decreased behavioral issues and increased focus and learning abilities.

Whether through flu shots or other childhood vaccinations, thimerosal, mercury, aluminum, and other toxins are a danger to the body and immune system. Biophoton and Bioacoustic modalities offer an alternative to these societal vaccination norms that can completely change the functioning of the body and bring a new light into a once worn-out system.

For more information, call Christina Kuepper at 201-312-9223 or visit LightworkLady.com. See ad, page 37.